**After going through consent and assent and taking the physical measurements of height and weight and waist circumference, begin with the following:**

***Today I will ask you some general questions about the quality of your life.***

***Then I shall ask some specific questions about how your weight affects the quality of your life.***

***You are the person that knows the most about your life. The experiences and thoughts that you share with us are very important in helping us understand how teens’ feel about their weight and how it affects their life. What you share with me will help us work with others.***

***Do you have any questions for me before we begin?***

***TURN ON DIGITAL RECORDER***

1. **Have you ever heard of “quality of life”?**
   * [IF YES] What does “quality of life” mean to you?
   * [IF NO] When we talk about quality of life, we want to know if **you** think you have a “good” life or a “bad” life. In other words, when you think about how your life is going, what are all the good things and bad things that come to mind?

**2. Your weight and how you feel about yourself.**

* Comparing yourself to other people your age, would you consider yourself to be average weight, somewhat overweight or very overweight?
* How would you say your weight affects your quality of life?

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* PROBES: How would you say your weight:
  + Affects the things you want to do?
  + Affects how you feel about yourself?
  + Anything else?
* Do you think your weight is a problem for you? If so, what makes your weight a problem for you?

1. **Your weight and how others treat you.**
   * Comparing yourself to other people your age, would you say that you are treated differently because of your weight? How, in what way?
   * When you are around other people how do you feel about your weight?
   * Does it affect how attractive you feel to others?
   * How does it affect your social life? Going to parties, going to dances, hanging out.

* Do you ever avoid people because of your weight? Tell me about that.
* Have you ever been teased because of your weight? How does this make you feel?
* Does your family think your weight is a problem? Can you explain why you think that?

1. **Your weight and your surroundings**
   * Are there any other situations or places your weight has been a problem for you? Do you ever avoid situations or places because of your weight?
   * How difficult is it for you to find clothes? What kinds of clothes do you buy? How does shopping for clothes make you feel?

TURN OFF DIGITAL RECORDER

***Thank you for sharing these experiences with me. You have given me very good information.***

***Is there anything else you would like to share with me that I left out or didn’t ask about?***

***Thank you very much in participating in this study.***

**GIVE PARTICIPANT $20 & GET SIGNATURE**